

FEAST FOR HOME!

BBQ Beef, Pulled Pork, Pulled Chicken

Preheat oven to 350 degrees. Place meat in an oven-safe dish, add a ½ cup of water. Cover baking dish lightly with lid or aluminum foil and put in the oven until the meat simmers for 5 minutes. Usually 15 to 20 minutes total.

Macaroni and Cheese

Place Macaroni and Cheese or in a heavy sauce pan, add ½ to 1 cup of milk and heat over a medium flame, stirring occasionally until it has simmered for 2 to 3 minutes.

Mashed Potatoes

Place mashed potatoes in a heavy sauce pan, add ½ to 1 cup of water or milk and heat over a medium flame, stirring occasionally until it has simmered for 2 to 3 minutes.

